

May Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:00 AM	Adult Swim 5:00-6:00	Adult Swim 5:00-6:00	Adult Swim 5:00-8:00	Adult Swim 5:00-6:00	Adult Swim 5:00-8:00	Facility Closed				
5:30 AM				Water Aerobics Kathleen 6:00-7:00				Water Aerobics Kathleen 6:00-7:00	Water Aerobics Kathleen 6:00-7:00	
6:00 AM	Adult Swim 7:00-8:00	Adult Swim 7:00-9:00		Water Aerobics Nancy 8:00-9:00				Adult Swim 7:00-9:00	Water Aerobics Robin 8:00-9:00	Adult Swim 7:00-9:00
6:30 AM	Water Aerobics Nancy 8:00-9:00									
7:00 AM	Adult Swim 7:00-8:00	Water Aerobics Kathy W. 9:00-10:00	Water Aerobics Kathy W. 10:00-11:00	Water Aerobics Nancy 9:00-10:00	Water Aerobics Nancy 9:00-10:00	Water Aerobics Nancy/Kim 9:00-10:00	Adult Swim 7:00am-3:00pm			
7:30 AM								Adult Swim 10:00am-4:00pm	Adult Swim 11:00am-5:15pm	Adult Swim 10:00am-6:00pm
8:00 AM	Water Aerobics Nancy 8:00-9:00	Water Cross Fit John 5:15-6:00	Water Cross Fit John 5:15-6:00	Water Cross Fit John 5:15-6:00	Water Aerobics Nancy 6:00-7:00					
8:30 AM	Water Aerobics Kathy W. 9:00-10:00					Adult Swim 6:00-8:30		Family Swim 6:00-8:30	Adult Swim 7:00-8:30	Adult Swim 6:00-6:30
9:00 AM	Adult Swim 10:00am-4:00pm	Water Cross Fit John 5:15-6:00	Water Cross Fit John 5:15-6:00	Water Cross Fit John 5:15-6:00	Water Aerobics Nancy 6:00-7:00					
9:30 AM						Adult Swim 11:00am-5:15pm		Family Swim 6:00-8:30	Adult Swim 7:00-8:30	Adult Swim 7:00-8:30
10:00 AM	Adult Swim 10:00am-4:00pm	Water Cross Fit John 5:15-6:00	Water Cross Fit John 5:15-6:00	Water Cross Fit John 5:15-6:00	Water Aerobics Nancy 6:00-7:00					
10:30 AM						Adult Swim 11:00am-5:15pm		Family Swim 6:00-8:30	Adult Swim 7:00-8:30	Adult Swim 7:00-8:30
11:00 AM	Adult Swim 10:00am-4:00pm	Water Cross Fit John 5:15-6:00	Water Cross Fit John 5:15-6:00	Water Cross Fit John 5:15-6:00	Water Aerobics Nancy 6:00-7:00					
11:30 AM						Adult Swim 11:00am-5:15pm		Family Swim 6:00-8:30	Adult Swim 7:00-8:30	Adult Swim 7:00-8:30
12:00 PM	Adult Swim 10:00am-4:00pm	Water Cross Fit John 5:15-6:00	Water Cross Fit John 5:15-6:00	Water Cross Fit John 5:15-6:00	Water Aerobics Nancy 6:00-7:00					
12:30 PM						Adult Swim 11:00am-5:15pm	Family Swim 6:00-8:30	Adult Swim 7:00-8:30	Adult Swim 7:00-8:30	
1:00 PM	Adult Swim 10:00am-4:00pm	Water Cross Fit John 5:15-6:00	Water Cross Fit John 5:15-6:00	Water Cross Fit John 5:15-6:00	Water Aerobics Nancy 6:00-7:00					
1:30 PM						Adult Swim 11:00am-5:15pm	Family Swim 6:00-8:30	Adult Swim 7:00-8:30	Adult Swim 7:00-8:30	
2:00 PM	Adult Swim 10:00am-4:00pm	Water Cross Fit John 5:15-6:00	Water Cross Fit John 5:15-6:00	Water Cross Fit John 5:15-6:00	Water Aerobics Nancy 6:00-7:00					
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